



InFocus Rehabilitation Centre

Virtual Physiotherapy Services Consent Form

Patient Information:

Tele-rehabilitation (also called virtual care or Telehealth) is the use of information or communication technologies to allow you and your physiotherapist to connect via video or telephone to receive physiotherapy services at a distance when an in-person visit is not possible.

Virtual rehabilitation has limitations compared to an in-person encounter such as the inability to perform a hands-on examination, assessment and treatment. It is up to you and the physiotherapist to determine if virtual rehabilitation will work for you based on your condition, available technology and other risks/benefits.

You can expect to receive the same safe, quality care that you would get during an in-person visit. The college of physiotherapists expects physiotherapists to meet the same standards of practice regardless of how the services are delivered.

Risks:

The risks of receiving virtual rehabilitation services relate mostly to concerns about the privacy of your personal health information and your personal safety. The physiotherapist is required to ensure that the location where you receive care is safe and that procedures are in place to ensure the availability of help in the event of an emergency. The physiotherapist may recommend that the visit proceed in the presence of another person to enhance safety and value of the visit.

Your personal information will be kept secure and the physiotherapist will be conducting your visit from a private place as per our college guidelines. Our privacy policy can be downloaded from our website: www.infocusphysio.com

Fees:

Virtual physiotherapy services are covered now by most insurance companies. It is the responsibility of the patient to contact their provider to determine coverage. It is the responsibility of the patient to keep track of their coverage

throughout their treatment. Your physiotherapist will discuss fees with you prior to your first session.

What types of physiotherapy services can be provided virtually:

- Education + Safety
- Exercise instruction and progressions
- Education on self manual treatments/maneuvers as appropriate
- Pain management techniques
- Advisement of equipment needs and purchase

Consent:

I understand that it is my responsibility to immediately communicate any difficulties or concerns that I have regarding my therapy to my physiotherapist. I understand that my primary physician will be kept informed regarding my current health status and response to treatment.

For VESTIBULAR (DIZZY) PATIENTS: It is common to feel nauseous, light headed and off balance after the assessment & treatments. Occasionally these symptoms can last a few days to a week as the inner ear learns a “new normal”. It is recommended that you have someone with you for the initial appointment and for following treatments if you feel ill after. We ask that you do not drive immediately after sessions.

By signing below, I confirm that I have read and understood the information provided on virtual physiotherapy services and that I agree to receive my physiotherapy through virtual methods (phone/video). I also understand that I can withdraw my consent at anytime.

Patient Name: _____

Patient Signature: _____ Date: _____